



#### STARTING AN ACADEMIC CAREER

What an exciting and challenging time! Your student is settling into their new home, adjusting to their class schedule, finding their way around campus and forming new friendships. Their first few weeks at UCF will be thrilling, but may also bring

> challenges. Separation from family and hometown friends brings the need to find a new support system. Students may also wonder how they will get along with new roommates and professors. They may interact with others who have beliefs and values different from their own. They will also learn it's critical they make good decisions — how much to study, whether or not they will become involved in co-curricular activities, or how many hours a week they will spend at a part-time job. It may

seem that this is a lot to cope with so early in a college career, but research shows that students make these types of decisions and establish corresponding patterns of behavior within the first two weeks of classes. The good news is there is a world of possibilities open to students, with the assistance of many staff and services, to help them become successful at UCF. The best thing you can do as a parent or family member is to maintain consistent communication; ask questions about their activities, classes and new friends; be understanding — and let them know how much you care.



#### Greetings!

On behalf of our students, faculty and staff, I want to welcome you to the University of Central Florida. We are delighted that you have chosen to become a UCF Knight!

At UCF, we value the power of discovery, which is why we were ranked as one of the nation's "Most Innovative" universities by U.S. News & World Report's Best Colleges 2016 guide. As Florida's largest university, we promote a diverse and inclusive environment. Our students come from 50 states and 148 countries, and have access to programs and services that are dedicated to helping them succeed.

The transition to college life is integral to student success, and we want to make it as smooth as possible. Our staff within the Division of Student Development and Enrollment Services will help you become familiar with our campus community. We offer a warm, meaningful and rewarding collegiate experience by providing high-quality academic advising, tutoring, recreation and wellness, residential life, career services, testing, accessibility services, financial aid, scholarships, counseling and psychological services, and much more.

With more than 600 student clubs and organizations, there's something for everyone — the opportunity to learn, to participate, to serve and to lead. We pride ourselves on being America's Partnership University, and we work closely with a wide variety of employers who provide our students with internships that lead to exciting job opportunities. We encourage students to take advantage of the numerous learning opportunities offered inside and outside of our classrooms and research facilities. To learn more about our programs and services, please visit **sdes.ucf.edu**.

If I can be of any assistance, please feel free to contact me at **ucfsdesvp@ucf.edu**.

Go Knights!

Sincerely, Mariback Ehrey

Maribeth Ehasz, Ph.D. Vice President for Student Development and Enrollment Services



#### SUMMER DATES TO REMEMBER

#### JUNE

- Summer A Withdrawal Deadline
- Summer D Withdrawal Deadline 21
- 24 Last Day of Summer A Classes, On-campus Housing Opens for Summer B and Move-in Weekend
- Move-in Weekend
- Summer Pool Party, 26 RWC Leisure Pool, 7-9 p.m. and Move-in Weekend
- Summer B Classes Begin 27
- Summer Block Party, Academic Village Courtyard, 6:30-8 p.m. and Amazing Race
- Summer B Drop/Swap Deadline

#### JULY

- Summer A Grades Available and Summer B Add Deadline
- Independence Day (no classes/campus closed)
- Summer C Withdrawal Deadline
- Summer B Housing Payment Deadline (for students who registered after May 16)
- Last Day of Summer D 15
- Summer B Withdrawal Deadline
- Summer D Grades Available



# Jow to: DEAL WITH NEW BEGINNINGS

While the start of the new academic year is an exciting time for students, often family members are the ones who suffer from separation

Be supportive and encouraging to offset any fears or concerns about new beginnings and your student's first year at UCF.

Learn about the numerous services UCF offers to assist your student in their success — and encourage your student to use them. Stay informed by signing up for our monthly newsletter at fye.sdes.ucf.edu/parents.

Encourage your student to connect with their academic advisor and to get involved. Establishing these connections will bring you comfort that they have a support network at UCF.

**Plan** your next visit to campus. Family Weekend is a great time

**Start** a new tradition with siblings still living at home. Family movie night? Fried chicken Friday? Weekly FaceTime chat with your UCF Knight?

# AUGUST

= FIRST-YEAR ENROLLMENT

SUN	MON	TUE	WED	THUR	FRI	SAT
		LINKO, Pegasus Ballroom, 7 p.m.	3	4	LAST DAY OF CLASSES SUMMER B AND C Summer C On-campus Housing Closes	Gommencement
7	8	9	10	0	[2]	13
					Summer B and C Grades Available at myUCF	
Panhellenic Formal	15	<b>I6</b>	.ENIC RECRUITME	NT WEEK	On-campus Housing Opens for Fall, 9 a.m.	LINK Launch, CFE Arena, 7-9:30 p.m.
Recruitment Kickoff		FANTLL				Panhellenic Bid Day  VE-IN WEEKEND
Opening Knight, Student Union, 5-7 p.m.	22	23 LGBTQ+ Services:	24	LAST DAY TO DROP/SWAP	LAST DAY TO ADD	27
Convocation: The Knighting, CFE Arena, 4 p.m.	SEMESTER Begins	Lavender Lunch — Welcome LGBTQ+ Community, Student Union, 11 a.m1 p.m.	Homecoming Theme Reveal	A	Knight Rave, CFE Arena, 9-11 p.m.	
28	First-year Success Series: "Sex Signals," Student Union 316, 2-3:30 p.m. and 6-7:30 p.m.	30	DGC Meet the Greeks	CFE WARE	ENA	<b>&amp;</b>



#### How to: GET CONNECTED

**Encourage** your student to use a planner to organize day-today activities and develop good time management skills.

**Urge** your student to utilize their academic advisor, who can direct them to appropriate resources. The Student Academic Resource Center (SARC) can help with study skills and specific classes.

Offer advice on how to handle peer pressure concerning alcohol and other issues that first-year students may encounter. Support can be obtained from UCF's Wellness and Health Promotion Services, or Counseling and Psychological Services.

**Advise** your student to talk with their professors. This not only assists with networking, but will also help them understand course content and faculty expectations.

**Reinforce** the importance of being proactive at UCF.

# SEPTEMBER HISPANIC HERITAGE MONTH

= FIRST-YEAR ENROLLMENT

SUN MONTUE WEDTHUR FRI Urge your student to get involved. There are more than **Family Weekend FALL CLASS** 600 UCF clubs and organizations to entertain, challenge **Pegistration Deadline** and help them connect. @ MICHIGAN **FALL HOUSING PAYMENT DEADLINE** 14 No Stress Zone: **Reducing Test-taking Anxiety, Student Late Knights QPR-a-Thon, Suicide NPHC Greek Expo, Hispanic Heritage** Union 223, **Prevention Training, Month Opening** Pegasus Ballroom, 4-5 p.m. Ceremony, Key West 7 p.m. Student Union 316AB, Ballroom, noon **Hispanic Heritage** 9 a.m.-3 p.m. **Month Kickoff SJA Conscious** 21 Thought Café, Student Union 207, noon NATIONAL HAZING PREVENTION WEEK **Preparing for Professional School,** @ FIU Student Union 121, 1-2 p.m. 28 **First-year Success Series: "Common** Fall Career Expo, Reading Speaker," **CFE Arena,** 

10 a.m.-3 p.m.

Pegasus Ballroom,

6 p.m.



# How to:

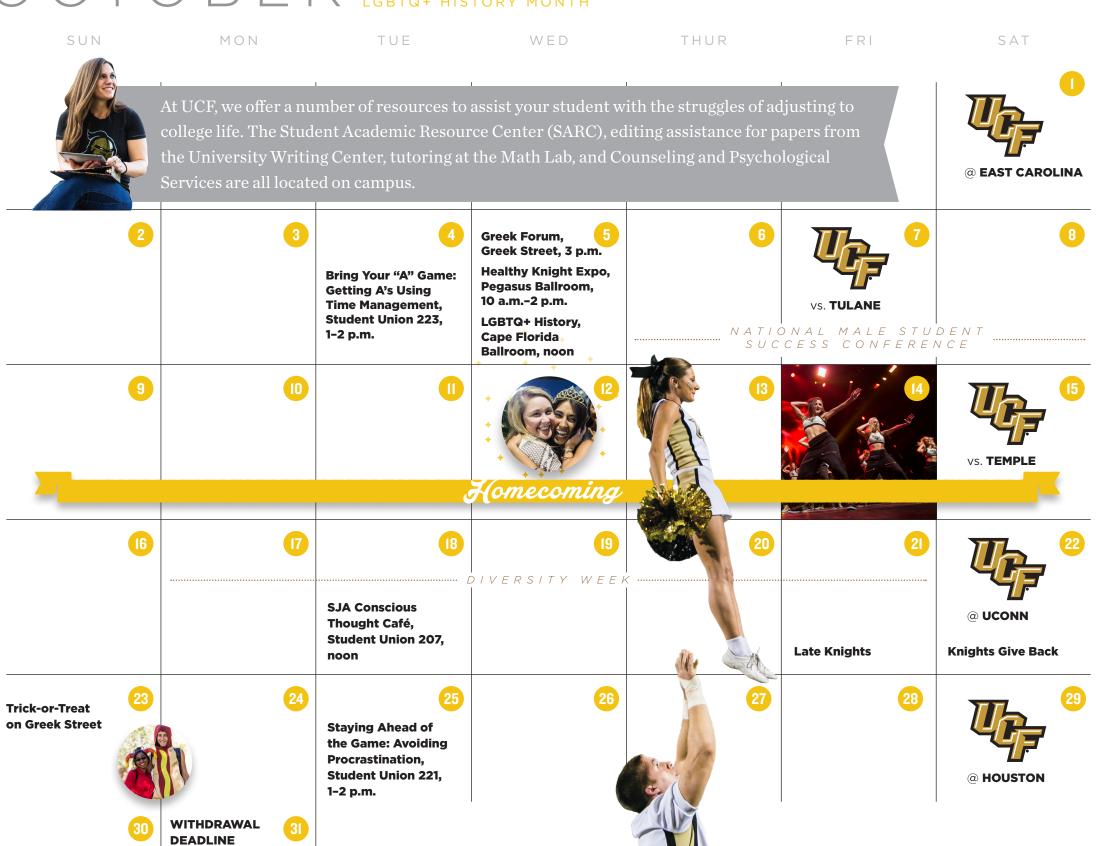
#### **SURVIVE MIDTERMS**

**Self-doubt** — Students may start to feel the stress of academic performance. Those who have not done well will begin to have doubts about their abilities and may be confused about why their current study and time management skills are not working.

**Homesickness** — Students may express homesickness and plan to return home for an upcoming weekend. Enjoy this visit, but have a conversation about what schoolwork needs to be accomplished when they're home, and allow time for this.

**Stress** — Urge your student to attend campus events such as Homecoming, **Spirit Splash**, football games, intramural activities, theatrical performances and other social events. Stepping away from academics for something fun can help them recharge.

# OCTOBER LGBTQ+ HISTORY MONTH





### How to: MAKE MAJOR CAREER CHOICES

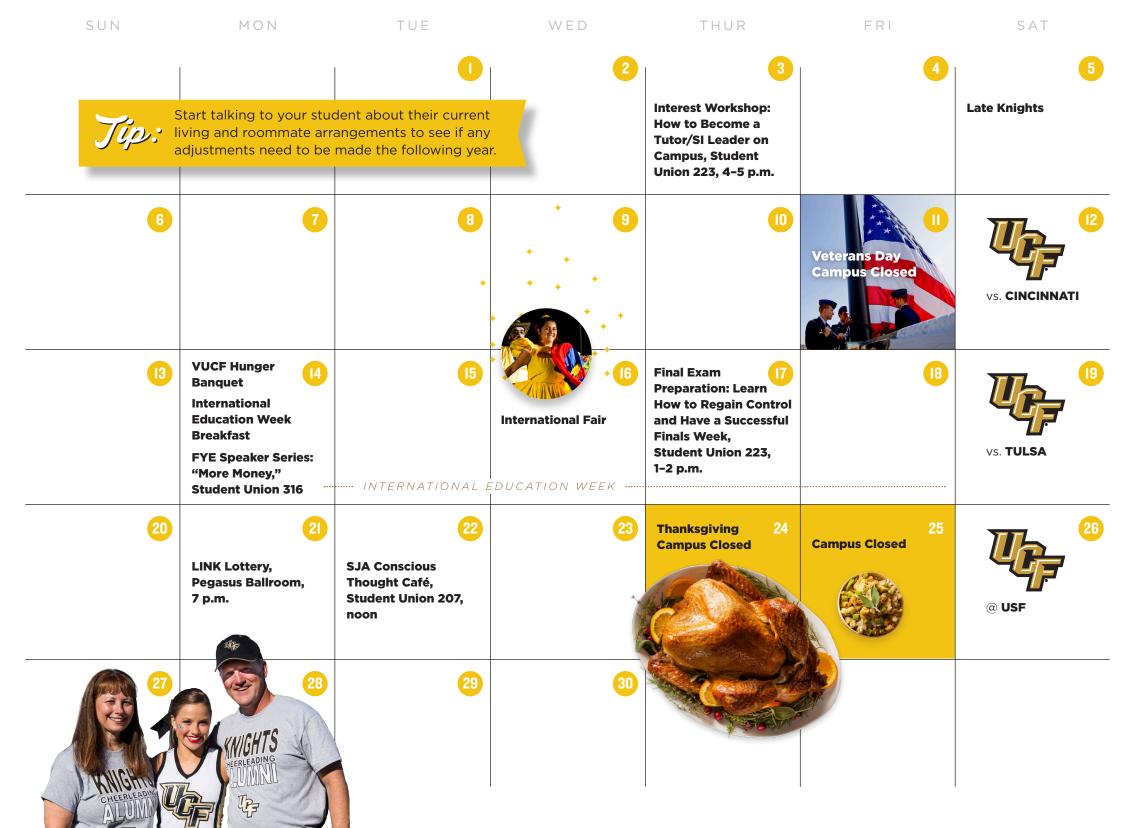
Your student is facing choices that will impact their career path, including what classes to take in spring and whether or not to change their major. Thanksgiving break is just around the corner, which is a time to rest and recharge, allowing your student to reconnect with their family and friends.

Advise your student to utilize Career Services to assist in career development, discuss majors, find work experience and develop a résumé. The Office of Experiential Learning can also assist with internships and service-learning.

Sit down with your student and explore resources provided through MyPlan (ucf.myplan. com) and discuss their assessment results and/or questions with Career Services.

Is your student showing more interest in **graduate school?** The Office of Undergraduate **Research** can help expand their academic experience at UCF.

# NOVEMBER NATIVE AMERICAN HERITAGE MONTH





# SURVIVE FINALS... AND THE LENGTHY VISIT HOME

In December, there are many things competing for your student's time.

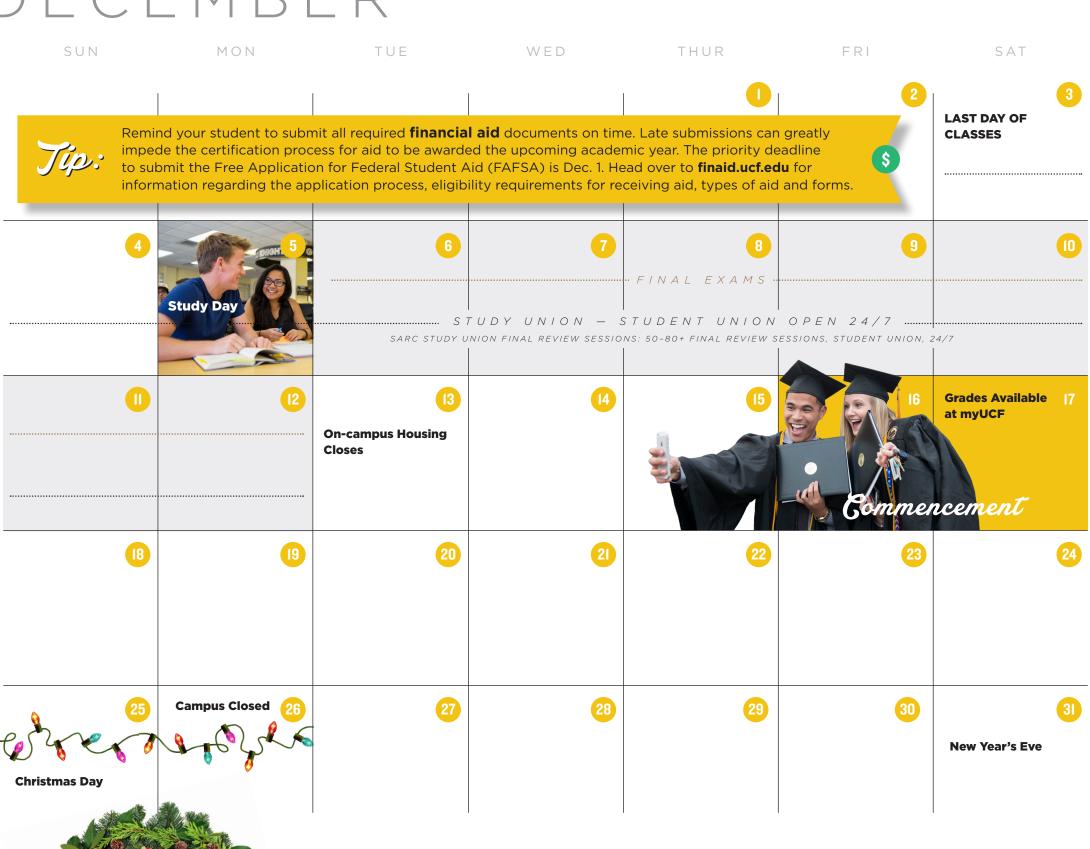
Preparations for final exams and papers must be balanced with seasonal parties, religious observances, holiday volunteer service projects and wanting to spend as much time as possible with friends before break.

Celebrate the victory of a successful fall semester or heal the wounds of a tough transition. What goals should your student set for the spring? What should they do differently? What good practices should be continued?

Allow your student to come home and **rest** no matter what the circumstances may be. Your understanding and support may be needed more now than when they left back in August.

Students are looking forward to returning home for an extended period, but recognize they may also be anxious about returning to the structures of parents and curfews. Have an **open conversation** about your expectations.

# DECEMBER





## How to: LAUNCH THE NEW TERM

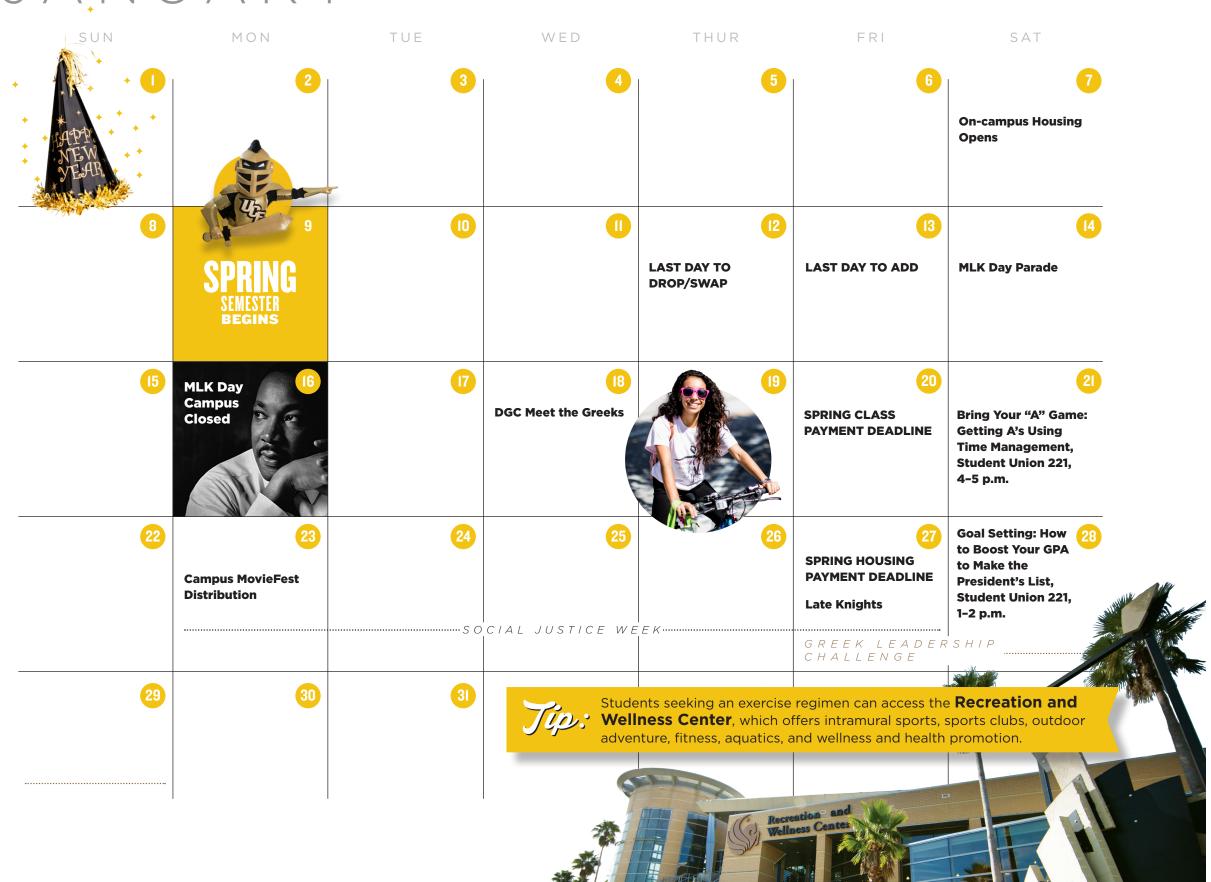
Remind your student of the goals you discussed during the winter break. Can your student establish monthly milestones to help ensure they remain on track throughout the semester?

With so many people on campus, students are vulnerable to the common cold and flu. Student Health **Services** provides access to doctors, an on-campus dentist and two pharmacies.

If your student is on **academic probation**, urge them to set an early meeting with their academic advisor. **The Office** of First Year Advising and **Exploration** offers a variety of resources to help them explore strategies for success.

Encourage students who seem stressed or depressed to utilize the professional counselors at UCF's **Counseling and** Psychological Services.

# JANUARY





#### How to: REINFORCE SMART

#### ROUTINES

Talk to your student about smart spring break decisions, especially in reference to finances and safety. As with many things, this is all part of the college experience — a newfound responsibility for themselves.

Urge your student to begin preparing for **midterm exams**.

How are those **goals** coming? Is a new class giving your student difficulty? Recommend they seek help outside of class through SARC or their professor.

The Parent and Family Fund supports important opportunities for current students. Established by UCF parents and families, this fund keeps the Student Union open 24 hours a day during finals week, provides crisis support for students' emergencies, assists the Knights Helping Knights Pantry, provides numerous grants that promote career development and student growth, funds scholarships, and so much more.





#### How to: PREPARE FOR

#### YEAR TWO

There are financial aid deadlines, summer plans to consider, living arrangements to be made for next year, and summer and fall course registration. Here are some resources:

**Discuss summer plans.** Many students choose to go home and take courses at their local college or university. Students attending a Florida state college or university can fill out an online transient form through **floridashines.org**. Outof-state or private institutions will require a paper transient form that can be picked up from the **UCF Registrar's Office**. Students should meet with their academic advisor to determine the type of courses to take over the summer.

Time to get a job? Your student can search for part-time jobs through **KnightLink** with Career Services.

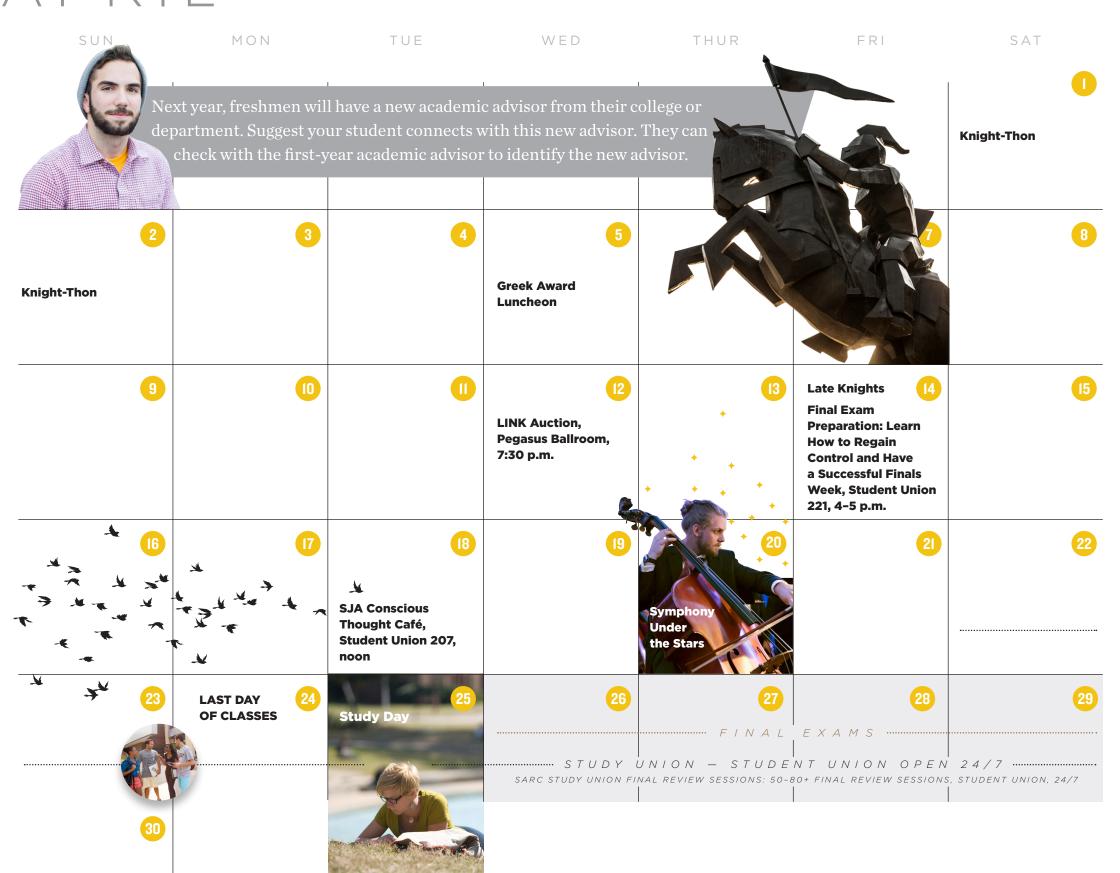
Utilize the resources provided by Neighborhood Relations and Safety Education to learn about life off campus and things to consider in choosing the right place to live.

# MARCH MONTH OF THE WOMAN





# APRIL





### TURN AN ENDING INTO A NEW BEGINNING

May marks the end of your student's first year at UCF and is

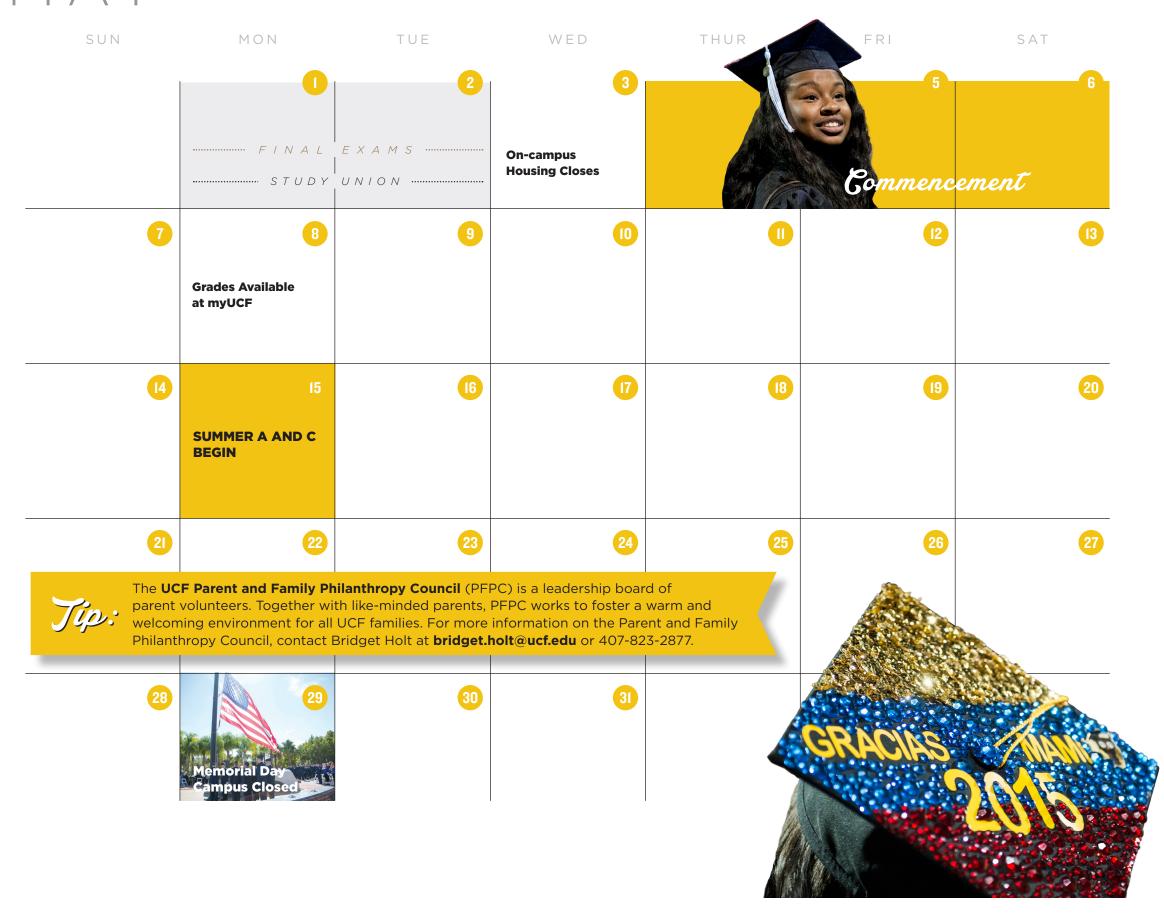
Did your student accomplish their personal and academic goals? Did they make friends? Did they get involved in activities? Did they properly estimate the costs associated with attending UCF? Talk about these things together.

If your student did well over these past 10 months, they should be **congratulated** for a job well done. Be supportive and **communicate** your expectations of them being home for summer. Be prepared for **changes in your relationship** that may signal their growing maturity and remind yourself that they're trying to make their own way in the world.

Create a master plan for year two at UCF. Establish a budget. Discuss new living arrangements. Set academic goals. Reinforce the importance of time management.

Contact Student Development and Enrollment Services at 407-823-4625 for on-campus resources

# MAY





**UNIVERSITY OF CENTRAL FLORIDA** 407.823.2000

ucf.edu

**ACADEMIC SERVICES FOR** STUDENT-ATHLETES (ASSA)

407.823.5896 assa.sdes.ucf.edu

**ACTIVITY AND SERVICE FEE BUSINESS OFFICE (ASF)** 

407.823.5548 asf.sdes.ucf.edu

**BOOKSTORE, UCF** 

407.823.2665

ucf.bncollege.com

CARD SERVICES, UCF

407.823.2100 ucfcard.ucf.edu

**CAREER SERVICES (CS)** 

407.823.2361 career.ucf.edu

**COUNSELING AND PSYCHOLOGICAL** 

**SERVICES (CAPS)** 407.823.2811 caps.sdes.ucf.edu

**CREATIVE SCHOOL** FOR CHILDREN (CSC)

407.823.2726 csc.sdes.ucf.edu

**DINING SERVICES, UCF** 

407.823.2651 ucf.campusdish.com

FIRST YEAR ADVISING AND

**EXPLORATION (FYAE)** 

407.823.3789 fyae.sdes.ucf.edu

**FIRST YEAR EXPERIENCE (FYE)** 

407.823.5105 fye.sdes.ucf.edu FRATERNITY AND **SORORITY LIFE (FSL)** 

407.823.2072 fsl.sdes.ucf.edu

**HOUSING AND RESIDENCE LIFE (HRL)** 

407.823.4663

housing.ucf.edu

**INCLUSIVE EDUCATION** SERVICES (IES)

407.823.2371 ies.sdes.ucf.edu

INTEGRITY AND ETHICAL **DEVELOPMENT, OFFICE** 

OF (IED)

407.823.3477 ied.sdes.ucf.edu

**LEAD SCHOLARS** 

ACADEMY (LSA) 407.823.2223

lead.sdes.ucf.edu

**LGBTQ+ SERVICES** 

407.823.0401 sja.sdes.ucf.edu/lgbtq

LIBRARIES, UCF

407.823.2562 library.ucf.edu

LINK (LEARNING AND **INTERACTING WITH NEW KNIGHTS)** 

407.823.5105

link.sdes.ucf.edu

**MATH LAB** 

407.823.3489 math.cos.ucf.edu/~mathlab

MULTICULTURAL **ACADEMIC AND SUPPORT SERVICES (MASS)** 

407.823.2716 mass.sdes.ucf.edu

**MULTICULTURAL** STUDENT CENTER (MSC)

407.823.0401 sja.sdes.ucf.edu/msc **NEIGHBORHOOD RELATIONS** AND SAFETY EDUCATION (NRSE)

407.823.6505 nrse.sdes.ucf.edu

**OFFICE OF STUDENT** CONDUCT (OSC)

407.823.4638

osc.sdes.ucf.edu

**OFFICE OF STUDENT** 

**INVOLVEMENT (OSI)** 407.823.6471

osi.ucf.edu

**OFFICE OF STUDENT RIGHTS AND RESPONSIBILITIES (OSRR)** 

407.823.4638 osrr.sdes.ucf.edu

**PEGASUS PARENT PROGRAM** 

407.823.5105

fye.sdes.ucf.edu/parents

**PARKING AND** 

**TRANSPORTATION** 

407.823.5812 parking.ucf.edu

**POLICE DEPARTMENT** 407.823.5555

police.ucf.edu

**RECREATION AND WELLNESS CENTER (RWC)** 

407.823.2408

rwc.sdes.ucf.edu

**REGISTRAR'S OFFICE (RO)** 407.823.3100

registrar.ucf.edu

**SOCIAL JUSTICE AND ADVOCACY (SJA)** 

**SOPHOMORE AND SECOND** 

407.823.0401 sja.sdes.ucf.edu

YEAR CENTER (SSYC) 407.823.3375 ssyc.sdes.ucf.edu

sarc.sdes.ucf.edu STUDENT ACCESSIBILITY

**RESOURCE CENTER (SARC)** 

STUDENT ACADEMIC

SERVICES (SAS) 407.823.2371

407.823.5130

sas.sdes.ucf.edu

STUDENT ACCOUNT **SERVICES** 

407.823.2433

studentaccounts.ucf.edu

STUDENT DEVELOPMENT AND ENROLLMENT **SERVICES (SDES)** 

407.823.4625 sdes.ucf.edu

STUDENT FINANCIAL **ASSISTANCE (SFA)** 

407.823.2827

finaid.ucf.edu

STUDENT GOVERNMENT **ASSOCIATION (SGA)** 

407.823.3291 ucfsga.com

STUDENT HEALTH

SERVICES (SHS) 407.823.2701

shs.sdes.ucf.edu STUDENT LEGAL

SERVICES (SLS) 407.823.2538

sls.sdes.ucf.edu

STUDENT OUTREACH SERVICES (SOS)

407.823.5580

sos.sdes.ucf.edu

STUDENT UNION (SU)

407.823.3677 studentunion.ucf.edu

**TECHNOLOGY PRODUCT CENTER, UCF** 

407.823.5603

cstore.ucf.edu

**TRANSFER AND** 

TRANSITION SERVICES (TTS) 407.823.2231 transfer.sdes.ucf.edu

**UNDERGRADUATE** 

**ADMISSIONS (UA)** 

407.823.3000 admissions.ucf.edu

UNIVERSITY TESTING CENTER (UTC)

407.823.5109

utc.sdes.ucf.edu

**UNIVERSITY WRITING** 

**CENTER** 407.823.2197

uwc.ucf.edu **VETERANS ACADEMIC** 

**RESOURCE CENTER** (VARC)

407.823.2707

varc.sdes.ucf.edu

**VICTIM SERVICES** 407.823.2425

**24/7 Hotline** 407.823.1200 victimservices.ucf.edu

**WELLNESS AND HEALTH** PROMOTION SERVICES

(WHPS) 407.823.5841

whps.sdes.ucf.edu



#### STAY CONNECTED

Your student still needs your help as a parent, participant and partner. The cultural, social and just plain do-your-own-laundry demands of going to college can stretch even the most talented student's ability to make smart choices and balance their time wisely. UCF's Division of Student Development and Enrollment Services provides a deep and progressive range of professional services and staff dedicated full time to ensuring your student's success at UCF. Through multiple departments and offices, there are solutions, answers, support, guidance and every variety of personal assistance.

The Pegasus Parent Program and its ambassadors are here to help.

Please visit our website at fye.ucf.edu/parents.

